

How to make your own Coconut hairspray in minutes

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Date : October 19, 2016



Who doesn't have the desire for Coconut oil has always been a enormous friend of women and a great diet for your hair to have every week at least twice. Coconut is rich with vitamin E, which helps your hair to grow faster, reduces hair fall and make them healthy. It also helps in eradicating dryness and dullness.



Coconut oil can serve up a variety of purposes that have nothing to do with eating it. Today the people are using it for cosmetic purposes, and to improve the appearance of their hair and skin. This oil protects you from UV rays and blocks 20% of the sun rays which are harmful for your hair.



Ingredients you will need

- Coconut oil for deeply conditioning your hair
- Lavender oil for treating your dry scalp and dandruff and the added advantage to it is that it makes your hair smell good.
- Distill or filtered water
- Few drops of vitamin E oil.



What to do?

Step 1: Take a spray bottle and add 2 tablespoons of melted coconut oil.

Step 2: Then, add 3 to 4 drops of lavender oil along with 1 cup of distilled or filtered water.

Step 3: Keep it in a cold and dark place.

Directions of using it

Step 1: You can use it on damp hair before or after shower whichever way is handy and convenient to you.

Step 2: Shake it well before using, and mist it all over your hair.

Step 3: Massage your head for some time.

Step 4: Comb your hair thoroughly and let it dry for some minutes.



Repeating this process for twice or thrice a week will keep your hair intact, shinny, protect them from pollution, give them strength and increase the growth by three times.